



TAKE A HIKE



A competitive walking format, showcasing the most awe-inspiring treks and trails in Great Britain



**Produced by Cardiff Productions
for BBC Two and S4C**

Based on the original Welsh format *Am Dro!* for S4C (which translates as “for a walk”), *Take A Hike* sees a group of walkers go head-to-head to showcase the most breath-taking countryside walks their local area has to offer in a bid to win the highest score for their region’s “best walk”. In each episode, the contestants must pull out all the stops, as they take it in turns to lead their favourite walk - whether it’s a hike up a rugged mountain, a picturesque riverside stroll, or a trip to the seaside. Meanwhile, the other walkers rate the quality of the route, the picnic, the views, and the entertainment. Come rain or shine, uphill or down dale, will they give 10/10 or a measly score of 1? After all the walks have been completed, the scores are added up and the winner walks off with the prize money and the coveted Golden Walking Stick.

Take A Hike is a half hour series which was stripped across the week for BBC2 with five walkers and one walk in each episode. *Am Dro!* was an hourly series played weekly on S4C with four walkers and all four walks in a single episode.

If there’s one thing people love in Britain, it’s a great walk - whether it’s a trip to the seaside to soak up the rays, a challenging hike up a rugged mountain, or a picturesque stroll along a river. It could be for the jaw-dropping views or the great company or just the joy of being outdoors. In this long running series you not only have the beauty of the walks, but the excitement of the competition and light hearted rivalry between the walkers.

Format available

